Dear Students, Families, and Friends,
The activities on the next several pages were created for you to sharpen your skills, challenge yourself, and explore learning. These are not meant to replace classroom learning and parents are not being asked to replace teachers. If at any time, you are confused about an activity, need some extra support, or maybe just need to talk with someone, our teachers and staff are here for you.

- All teachers keep regular office hours from 9am until noon each school day.
- All teachers and staff can be contacted by email (firstname.lastname@fsd145.org).
- Some teachers also use Remind, Schoology, or Google Classroom to send and receive messages.

For the most current information about our emergency closure and remote learning plans, please visit our website (https://www.fsd145.org/emergency) for regular updates. You will always find information sorted by date, so it should be easy to follow the most recent updates.

Take care and stay safe. We'll see you soon,
From all of us here at Freeport School District


Remote Learning Day Student Activities:

| $\underline{\text { May 7 }}$ | $\underline{\text { May 11 }}$ | $\underline{\text { May 18 }}$ |  |
| :--- | :--- | :--- | :--- |
| $\underline{\text { May 8 }}$ | $\underline{\text { May 12 }}$ | $\underline{\text { May 19 }}$ | Electives |
|  | $\underline{\text { May 13 }}$ | $\underline{\text { May 20 }}$ |  |
|  | $\underline{\text { May 14 }}$ |  |  |
|  | $\underline{\text { May 15 }}$ |  |  |


| 2nd Grade |  | ELA Skills Focus | Math Skills Focus |
| :--- | :--- | :--- | :--- |
| Theme(s) |  |  | Other Skills Focus |
| Travel/Discover |  |  |  |
| Movement/Fitness |  |  |  |
|  |  |  |  |
|  |  |  |  |

2nd Grade -- May 7th
Parents: Choose two activities from each page each day.

|  | Math | Reading and Writing | Science/ <br> Social <br> Studies | Extra Challenge |
| :---: | :---: | :---: | :---: | :---: |
| Activity 1 and Instructions | 2 NBT. 6 - You and your family are planning a trip to Wisconsin Dells. If you stayed a night in each hotel, how much would it cost in all? use a number line or base 10 to show your work. | W 2.8 What can you do for fun in your hotel? (Ex: water park, restaurants, etc.) Create a brochure for the hotel you are staying in at the Dells. Include: Headings, pictures, and information about your hotel. | Have you ever wondered how heavy airplanes can stay in the air? <br> Make a paper airplane and watch it fly. <br> What makes it stay in the air? https://www.yo utube.com/wat ch?v=eSF6gh OxekM <br> Draw a map from your hotel to Buffalo Wild | Optional: <br> Read Flat <br> Stanley on <br> Epic! <br> http://www.flat stanleybooks. com/kids/gam es-for-kids/ |
| Activity 2 and Instructions | Food <br> NBT2.8 <br> You are eating out 3 times a day for 4 days.. <br> Your family went to Denny's each day for breakfast. The total was $\$ 52$. You left a $\$ 10$ tip. How much did you spend in all for breakfast? <br> Your family went to Hot Dog Avenue for lunch each day. The total amount was $\$ 48$ and $\$ 10$ for a tip. How much did you spend in all for lunch? <br> Your family went to Moose Jaw for dinner each night. You spent $\$ 55$ each time with a $\$ 10$ tip. How much did you spend in all for dinner? | W2.8 What do you need to take on a trip to the Dells? Make a list of at least 20 items you will need to pack for your trip to the Dells. Find a suitcase and pack for your trip using your list. | a compass rose and a legend. | $\begin{aligned} & \frac{\text { https://thecolor }}{\text { fulapple.com/2 }} \\ & \begin{array}{l} \text { 020/01/flat-sta } \\ \text { nley-activities/ } \end{array} \\ & \hline \end{aligned}$ |

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.
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2nd Grade -- May 8th
Parents: Choose two activities from each page each day.

|  | Math | Reading and Writing | Sciencel Social Studies | Extra Challenge |
| :---: | :---: | :---: | :---: | :---: |
| Activity 1 and Instructions | You and your family are going to the carnival! You are given 5 quarters, 6 nickels, 25 pennies, and 10 dimes. <br> How much total money do you have? <br> Using the total amount of money, how many funnel cakes can you buy if one funnel cake costs 50 cents? <br> Using the total amount of money, how many times can you ride the Ferris Wheel if one ticket costs 75 cents? <br> Using the total amount of money, how many times can you play ring toss if one ticket costs 25 cents? <br> 2.MD. 8 | You are going on a trip to research animals around the world. Create a list of animals that start with each letter of the alphabet. Which letter can you think of the most animals for? <br> W2.8 | You are taking a trip to the zoo. Sort the animals you may see by group. <br> Birds- have feathers and are born from eggs. <br> Reptiles-scaly skin and cold blooded. Mammals-drink milk and have hair on their bodies. <br> Amphibians-breathe with gills and are born in water. Fish- live in water and have gills, scales, and fins. | You are traveling to different habitats around the world. Match the animals with the habitats that they live in. <br> Habitats <br> Ocean <br> Desert <br> Rainforest <br> Polar <br> Forest <br> Grasslands <br> Pond <br> Animals <br> Walrus <br> Parrot |
| Activity 2 and Instructions | Elapsed Time at the Carnival <br> The carnival opens at 11:00 am. The carnival closes at 9:00 pm. <br> Draw two analog/ face clocks to show when it opens and closes. <br> How long is the carnival open for? <br> 2.MD. 7 | Adjectives <br> Come up with three or four describing words for each noun. <br> Horse drawn carriage <br> Example: <br> Car- speedy, shiny, 4 wheels, red, rusty | L2.1 | Lion <br> Beaver <br> Scorpion <br> Leopard <br> Fox <br> Squid <br> Road Runner <br> Chimpanzee <br> Tadpole <br> Whale <br> Arctic Hare <br> Raccoon <br> 2.LS4. 1 |

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.
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## Remote Learning Activities for Students

2nd Grade -- May 11th
Parents: Choose two activities from each page each day.

|  | Math | Reading and Writing | Science/ <br> Social <br> Studies | Extra Challenge |
| :---: | :---: | :---: | :---: | :---: |
| Activity 1 and Instructions | 2.G.A.3. Draw the following shapes and mark the lines of symmetry : <br> - Rectangle <br> - Heart <br> - Square <br> - Circle <br> - Oval <br> - rhombus <br> Equilateral Triangle <br> 3 lines of symmetry | On a piece of paper, list the names of the seven continents and five oceans in ABC order. Use capital letters, since they are proper nouns. (L2.2.A) | Build and label a model of landforms of your choosing out of any food items or recycled materials. | Create a hidden picture scene, such as a family at a picnic, and "hide" 2 dimensional and 3 dimensional shapes within the picture. Challenge a family |
| Activity 2 and Instructions | 2.G.A.3. Draw any quadrilateral (four sided shape, such as a square, rectangle) and divide it into: <br> - Halves <br> - Thirds <br> - Fourths <br> - eighths | Write about your dream vacation. <br> - Where would you go? <br> - How would you get there? <br> - What would you like to do while you were there? <br> - Who would you take with you? <br> - Bonus: What continent are you on? <br> (W.2.3.) | examples: oceans, mountains, hills, plains, islands, valley, plateau, peninsula. <br> (SS.G.12) | find all the shapes. Remember to list the shapes you've hidden at the bottom of the picture. |

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.
Parent Signature: $\qquad$

2nd Grade -- May 12th
Parents: Choose two activities from each page each day.

|  | Math | Reading and Writing | Sciencel <br> Social <br> Studies | Extra <br> Challenge |
| :---: | :---: | :---: | :---: | :---: |
| Activity 1 and Instructions | Solve the math facts and then do the corresponding exercise. $\begin{aligned} & 15+3=\quad \text { Jumping jacks } \\ & 2+22=\_ \text {Pushups } \\ & 4+14=\_ \text {Hops on right foot } \\ & 6+3+7=\_ \text {Hops on left foot } \\ & 18-3=\_ \text {Crunches } \\ & 19-12=\text { Frog jumps } \\ & 17-1=\_ \text {High knees } \\ & 29-15=\quad \text { Arm circles } \end{aligned}$ | Read the word, write the word, and then do the exercise. <br> - Jump <br> - Grab <br> - Skip <br> - Stretch <br> - Dance <br> - Hop <br> - Bend <br> - Sit <br> - Spin <br> - Twist <br> CCSS.ELA-LITERACY.L.2.5 | If you were to go and visit someone who lived far away, list what would you need to bring? Are those items a "need" or a "want?" How would you get there? What activities would you do while you were there? | Look at labels of items around your house and write down where each product was made. |
| Activity 2 and Instructions | More or Less: <br> Are 7 pushups, 5 hops, plus 11 jumping jacks more or less than 20? <br> Are 9 squats, 4 sit ups, plus 13 knee bends more or less than 30 ? <br> Are 16 high knees, 12 frog jumps, plus three crunches more or less than 30? <br> Are 8 hops on the left foot, 7 hops on the right foot, plus 17 arm circles more than 40 ? <br> CCSS.MATH.CONTENT.2.NBT.A. 4 | Pretend you are a P.E. teacher. Create your own 10 minute workout plan. Write down your exercises and how many reps of each exercise you would like your students to complete. <br> CCSS.ELA-LITERACY.W.2.2 |  |  |

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.
Parent Signature: $\qquad$

2nd Grade -- May 13th
Parents: Choose two activities from each page each day.

|  | Math | Reading and Writing | Science/ Social Studies | Extra Challenge |
| :---: | :---: | :---: | :---: | :---: |
| Activity 1 and Instructions | Taking a pencil and paper, write your own word problem solving it and let some other family member solve some of your word problems.. 2.OA. 1 <br> Create your own number place value flip chart, using paper and markers up to a thousands place value. 2. NBT. 1 | Remember to read every day for 20 or more minutes. The more you read the more you know! <br> Read a fiction book and on a piece of paper describe how the main character in the story responds to major events in the story. RL.2.9 | List these modern forms of transportation-ways to travel in order from slowest to fastest: <br> Car <br> Run <br> Subway <br> Rowboat <br> Jet <br> Walk <br> Helicopter <br> Skateboard <br> Train <br> Plane <br> Moped <br> Ship <br> Bicycle | Pretend you can see your house from the sky with no roof. <br> Draw a map of the rooms in your home. Label the windows, doors and rooms.Label North, South, East West on the outside walls. Add the main furniture to make it look more real. <br> Or draw a map of your neighborhood. Label the buildings and roads. Add |
| Activity 2 and Instructions | 2.NBT. 2 Get a piece of paper and pencil, write down and practice skip counting by 5's, 10's, 100's and 1,000's. | Read a book, ask and answer questions like who, what, where, when, why, and how things are happening in the story. Share with your parents, friend, or relative the details and events from the story. RL. 2.1 <br> Write a short story about a dream trip that you would want to take this summer. W. 2.3 | Where can you travel with each one? Cannot travel? <br> Which ones can travel across the ocean? Explain/ Why? <br> SS. H.1.2 <br> Make a chart or triangle of the 5 food groups: <br> Fruits, Vegetables, Grains, Dairy, Proteins Tally mark how many times in a day you eat from each group or write the food items in the correct area. Do this for 3 or more days. What should you eat more or less of to help your body stay healthy and strong? | large trees, parking lots, and sidewalks.Label the cardinal directions N , S, E, W. <br> SS.G.1.2 <br> Learn more about making a map by watching YouTube: How to Make a MapGeography for KidsMade by Red Cat Reading |

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2nd Grade -- May14th
Parents: Choose two activities from each page each day.

|  | Math | Reading and Writing | Science/ <br> Social <br> Studies | Extra <br> Challenge |
| :---: | :---: | :---: | :---: | :---: |
| Activity 1 and Instructions | You meet Buzz Lightyear and show him you can count out 85 cents in two different ways. Draw the coins you would use (quarters, dimes, nickels, \& pennies). If you have coins at home use them \& then draw the coins you used. <br> CCSS.MATH.2.MD.C. 8 | Imagine you and your family are going on a safari. Write a short story (3-5 sentences) about what animals you would see on your safari! Use describing words to describe all the things you would see on a safari. <br> CCSS.ELA-LITERACY.W.2.3 | Make a paper airplane \& fly it 5 times. Each time, measure using your footsteps, how far the airplane goes. Put the measurements in order from least to greatest. | Can you name a Disney character for each letter of the alphabet? <br> A $\qquad$ <br> B $\qquad$ <br> C $\qquad$ <br> D $\qquad$ |
| Activity 2 and Instructions | You and your family are going to Disneyland! A child's ticket costs $\$ 67$, and an adult ticket costs $\$ 117$. How much would it cost for your family to go to Disneyland? <br> Figure out how many children need a ticket. How much is that added together? $\qquad$ <br> Figure out how many adults need a ticket. How much is that added together? $\qquad$ <br> Add the two totals together. How much is it for all the tickets? $\qquad$ | You and your family are traveling from Freeport to Chicago for 3 days. You want to remember this trip by keeping a journal for your trip. Write 3 sentences for each day describing what you are doing in Chicago. <br> CCSS.ELA-LITERACY.W.2.3 | Make your own or use this link for instructions on how to make an airplane. <br> https://www.fol dnfly.com/1.ht ml <br> Are there any changes you want to make? If so, make the changes and try this again. Did your airplane fly any better? | E $\square$ <br> G $\qquad$ <br> H $\qquad$ <br> J $\square$ <br> $\square$ <br>  $\qquad$ <br> M <br> N $\qquad$ <br> O $\qquad$ $\qquad$ <br> Q <br> R $\qquad$ <br> S $\qquad$ <br> U $\qquad$ <br> V $\qquad$ <br> W $\qquad$ <br> Y $\qquad$ $\qquad$ <br> Bonus: Circle or highlight the following sounds in the list you made. ar, er, ir, or, ur, ey, ie, oi, ee, oo, ou, ea, ia. <br> CCSS.ELA-LIT ERACY.RF.2.3 |

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.
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2nd Grade -- May 15th
Parents: Choose two activities from each page each day.


Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.
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2nd Grade -- May 18th
Parents: Choose two activities from each page each day.

|  | Math | Reading and Writing | Sciencel Social Studies | Extra Challenge |
| :---: | :---: | :---: | :---: | :---: |
| Activity 1 and Instructions | Find somewhere in your house or outside. Mark a starting point and end point. Using different movements, collect data on how many 'steps' you need to get from point $A$ to point $B$. <br> Example Movements: walk, run, hop, skip, crab walk, leap, spin, giant steps, tiptoe, heel to toe, inch worm, gallop, bear walk, etc. <br> Which movement took the most steps? The least? <br> 2.MD. 4 | Read a book and create a story map about it. If you are reading a chapter book, simply use the information in that section. <br> After you are done with the story map, act it out! Create your own play of the book. Make it fun by creating props or costumes. <br> RL2.1 and 2.5 | Compare and contrast transportation now and transportation long ago. <br> Create a <br> T-chart. Title your chart "Transportation". Label one side "now" and one side "long ago". <br> List the different forms of transportation. Next, describe similarities and | Create a hopscotch on your sidewalk. <br> Use paper for an inside alternative. <br> Write the following words in the squares. When you land on them, say the antonym (opposite) of what that word means. |
| Activity 2 and Instructions | Write the following numbers on a piece of paper. You will need to cut apart the numbers, so leave spaces. $11,17,20,16,14,15,23,12,26$ <br> 13 <br> Rules: <br> 1. Pick two cards. On scratch paper, add the numbers together. <br> This is your step count. <br> 2. Flip a coin. Heads is left, tails is right. <br> 3. Stand up somewhere in your house or outside. Turn in the direction the coin tells you to go and take the amount of steps. If you run out of room before making your step count, flip the coin again and continue the steps in that direction. 4.Repeat until the cards are gone to see where you end up! <br> NBT. 5 | Write words that rhyme with the following movements. <br> Jump <br> Skip <br> Hop <br> Skate <br> Run <br> Eat <br> Dance <br> Spin <br> Catch <br> Play <br> Throw <br> Challenge yourself to see how many words you can come up with for each. Which one had the most? <br> RL2.4 |  <br> SS.H.1.2 | Large <br> Dark <br> Tall <br> Past <br> Up <br> Hot <br> Dry <br> Fat <br> Old <br> Off <br> Sad <br> Hungry <br> Open <br> Sleep <br> Sour <br> Soft <br> Easy |

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.
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2nd Grade -- May 19th
Parents: Choose two activities from each page each day.

|  | Math | Reading and Writing | Science/ Social Studies | Extra Challenge |
| :---: | :---: | :---: | :---: | :---: |
| Activity 1 and Instructions | 2NBT.A. 2 Start with the number 69 and count by tens every time you bounce a ball (outside). Document the highest number you reach. (If you don't have a ball, jump up and down). Start at: <br> - 23 <br> - 100 <br> - 234 | W.2.2. Design a pair of running shoes that would work in the following regions: <br> - Sandy <br> - Icy <br> - Plains <br> Draw a picture of the shoes you designed and use adjectives to describe the features on your shoes. | 1.5.N Create a table and log how much water you consume in a day. <br> Respond: <br> - Why is it importan t to drink enough water? <br> - How does water help your body stay healthy? | Challenge: create a poster to advertise your shoes. What features can you highlight to encourage a consumer to buy them? |
| Activity 2 <br> and <br> Instructions | 2NBT.A. 2 Make a number line on the sidewalk. Label by hundreds, ending at 1,000. Play "Guess The Number" with a family member. Pick a three digit number and keep it secret. The family member must guess a number. You label the number on the numberline. Tell them if your number is greater than or less than the number they guessed. Continue until the family member guesses your number. | RL.2.7. Read a fictional story and respond to the following prompts: <br> - Describe the setting (time and place). <br> - How would the story change if the setting were different? (on a beach, in the future, in Freeport, etc). <br> - Write a new story having the main character visit a new setting. What challenges might they encounter? |  |  |

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.
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2nd Grade -- May 20th
Parents: Choose two activities from each page each day.

|  | Math | Reading and Writing | Science/ <br> Social <br> Studies | Extra <br> Challenge |
| :---: | :---: | :---: | :---: | :---: |
| Activity 1 and Instructions | Josh measured the length of the bus in inches. Omar measured the length of the bus in feet. Amy measured the length of the bus in yards. <br> a Which student has the smallest number for an answer? <br> b Which student has the largest number for an answer? <br> c Explain your answers. How do you know? <br> D If you measured the bus, how many inches, feet and yards would it be? <br> 2.MD. 2 | You're going to be on a long flight. What books will you load on your Kindle or bring with you? What music will you load on your music player? <br> CCSS.ELA-LITERACY.W.2.2 | Use materials in your home to build a boat that can float on water. <br> Some materials you may want to consider are: <br> - Plastic Straws <br> - Toothpicks <br> - Plastic eggs | Map a map of your own island. Name your island and show where these items are: <br> *your house <br> *school <br> *grocery store <br> *play ground <br> *hospital <br> *library <br> List landforms and name them: |
| Activity 2 and Instructions | You are going on a trip. You want to arrive at your destination by $6 p m$. Fill in the blank. EX: If your trip is 4 hours, leave at 2:00pm. If your trip is 7 hours, leave at If your trip is 3.5 hours, leave at $\qquad$ .If your trip is 12 hours, leave at $\qquad$ . If your trip is 9 hours, leave at $\qquad$ . If your trip is 6 hours, leave at $\qquad$ <br> 2.MD.C. 7 | You want one kind of a vacation and your family wants another. Make a list of things to say to them to convince them to go where you want to go. <br> CSS.ELA-LITERACY.W.2.C1 | - Paper plates/ cups | rivers, lakes, oceans, canyon, waterfall |

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.
Parent Signature: $\qquad$

## Remote Learning Activities for Students

## 2nd Grade -- (SEL) Theme: Problem Solving/Conflict Resolution

The columns below offer choices for student activities for any day.
Social Emotional Learning Choice Board aligns with standards 2D.1a Identifies problems and conflicts and 2D.1b Applies problem solving steps to constructively resolve problems and conflicts.
Play a Game
Playing games with peers/family involves
learning to get along and
figuring out rules
together.
Talk about ways you
figured out how to
resolve a conflict.
Write or draw about it.
Sometimes asking for help can be a hard thing to
do, but it is a skill we must all learn. When we
have help we are more successful and get
frustrated less. Use the following scenarios to
practice asking for help in an assertive way. Look
at the person you are talking to, sit/stand up
straight, use a respectful, clear, and calm
voice.The best and easiest time to ask for help is
before you become frustrated.
Example: You are having trouble finding your
favorite shirt.
Ask for help: Dad, can you please help me find
my blue shirt with the dinosaur on it? I have
looked in my dresser and under my bed and I
cannot find it.
Scenarios:
\& You are not understanding a math
assignment.
\& You need to clean your room, but the mess is
overwhelming.
\& Your siblings keep bugging you even though
you have asked them to stop.
\& You can't figure out how to play a game you
really want to play.

## COMIROL OR NO COMTROL

In life, there are things you can control and things you cannot control. You can control yourself, your thoughts, your feelings, and your actions.

Some things you do not have control over right now are having to stay home, what you get to eat for dinner, and/or who you get to play with.

Draw pictures or make a list of things you can control on one piece of paper and on another piece of paper draw pictures or make a list of the things you do not have control over.

Discuss the things you can't control with someone and see if they can help you solve any problems you have on that paper. Then put the paper of things you can control on top of the other paper and put it somewhere you will see it. Focusing on what you can control will help you have a positive attitude and remind you of all of the wonderful things in your life.

## Take these scenarios and brainstorm how you can solve them:

1. My homework is not complete.

I didn't eat my breakfast.
I haven't brushed my teeth
My lunch isn't packed
5. My backpack is not ready.

## SCALE THE PROBLEM

When you have a problem, think to yourself, "How big is this problem?"
Use self- talk. Is this a small, medium or big problem?

## Small Problem

Will this even matter in an hour?
Can I move on with my day?
Can I ignore it?

## Medium Problem

Do I need to talk to someone about this? Will I be unable to move on if this doesn't get resolved?

## Big Problem

Is someone in danger?
Have I tried multiple times to resolve this?
Do I need to get an adult to help me?

Think? How big is my problem? Can I handle it by myself, or do I need an adult to help me?

Read the situations and scenarios already listed on this choice board. Sort them into the 3 areas; small, medium, and big problems.

When you are trying to solve a problem it is important for you to communicate in an assertive way. Look at the person you are talking to, sit/stand up straight, use a respectful, clear, and calm voice. Use the scenarios below to practice using assertive communication.
Example: Your family member took your favorite book without asking and a page got ripped.
Assertive Response: I am upset that you ripped a page in my favorite book. Next time, please ask if you can borrow my book before taking it and please take care of it while you are reading it.

## Scenarios:

$\star$ A family member has been watching tv for an hour and you would like a turn to watch a show you like.

* You do not like what was made for supper.
$\star$ Your sibling pushed you down on purpose.
$\star$ A family member is being too loud of you to concentrate on your work.
$\star$ A family member ate the last piece of your favorite candy.


## WHAT SHOULD I SAY?

 WHAT SHOULDN'T I SAY?When you are having a conflict with a peer or family member, there are things you should and should not and say. Make a chart like the one below.


## think of positive ways you can solve the FOLLOWING PROBLems.

$\star$ You bumped a family members workspace and their items fell on the floor.
$\star$ When you were eating lunch your drink spilled all over a family member's things.
$\star$ You pulled a book off of your bookshelf and a second book fell off of the shelf hitting a family member in the head.
$\star$ You were trying to put a family member's artwork on the refrigerator and a corner of the paper tore.


## It's OK to Fail

Children need to know it is okay to fail. By having an open dialogue with your child, they will have more confidence in making decisions, making it ok to fail and to try again.

## HUDDLE UP QUESTION

Huddle up with your kids and say, "Growing up, one of the biggest problems I had to solve was... I was able to solve it by..."

Have a good conversation about this. Draw or write about what you discussed.

# Remote Learning Activities for Students 

## 2nd Grade -- (Electives)

The columns below offer choices for student activities for any day.

| Art | Music |
| :--- | :--- | :--- |

# Remote Learning Activities for Students 

2nd Grade -- (Electives)

The columns below offer choices for student activities for any day.

| Art | Music | PE/Health |
| :---: | :---: | :---: |
| Draw a mask design that represents a 3-D mask showing your interests. <br> Example: <br> VA:Cr2.2.2a | Pick a song you know and sing it as loudly as you can outside. See how loudly you can really sing with a good sound without yelling (because you can't yell and sing at the same time). <br> MU:Pr6.1.2 | Skittles Workout, you will need a regular size bag of skittles. Take one skittle out of the bag at a time and perform the exercise and repetitions listed below for the color! Red: 5 pushups Orange: 8 Sit-ups Yellow: 10 Squats Green: 15 Jumping Jacks Purple: Run 1 Lap. Figure out where you're running to before you start, some examples for distances to run are: Run across your yard, around the kitchen table, to a street sign and back....How fast can you get through the whole bag of skittles! MAKE SURE YOU ARE NOT CHEWING SKITTLES WHILE PERFORMING THE EXERCISES**If you do not have skittles make your own by coloring red, orange, yellow, green, and purple dots or circles on a piece of paper. Now tear those dots/circles into their own piece of paper. Be sure to make enough of each color. State Goal 19 |
| Cut out a face from a picture in a newspaper, magazine, or old photograph (with adult permission). Glue the person or animal face onto a paper (tape it or place it if glue is not available). Then draw a different animal below to make its body. <br> Challenge: Don't glue or tape head down. Just lay it down. Then create multiple different bodies. <br> VA:Cr1.2.2a; VA:Cr2.1.2a; VA:Cr2.2.2a; VA:Cr2.3.2a | Play a game of echo clapping with someone. You clap a rhythm. They clap it back exactly as you did. Then switch. Keep going until someone gets one wrong. Then play again! <br> MU:Cr1.1.2 | Finding Balance <br> Balance is an even distribution of weight enabling someone or something to remain upright and steady. <br> Find a few long objects like sticks, broom/mop handle, pen or pencil, baseball bat... try and balance these objects on your finger or hand. Which object is the easiest to balance? How long can you balance each object for? Can you balance one object in each hand? Which hand is easier? Can you balance an object in one hand longer than the other? Can you balance on one foot and balance an object in your hand? State Goal 19 |
| Keith Haring is a famous artist. He is known for his outlines of people in motion and hearts. Create a drawing of a stamp that includes at least one outline of a person and a heart. <br> VA:Cr2.2.2a | Gather pots, pans, milk jugs, and boxes. Arrange them into a drum set and drum! Create your own Rhythms! <br> *If you have electronic access, you'll enjoy experimenting on this link: https://musiclab.chromee xpe riments.com <br> MU:Cr1.1.1 |  |

